



A Positive Path for Spiritual Living.

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Board of Directors

Rev. Rachel Simpson, Minister
 Sue Arth
 Marie Hopkins
 Cheryle Moore
 Dorothy Willworth

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Sunday Service 10:30 am
 Wednesday Meditation, noon
 Office hours 10-3 T & Th, 12-4 W
 and other times by appointment.

Letter from the Minister

Hello and Happy Spring!

Spring is such an exciting time. There are buds emerging in my yard, and I've heard the same for many of you.

I think it's pretty amazing how plants and some animals have the inner wisdom to sleep for the cold winter months and then emerge bursting with life in the spring. Winter is a time of rest even for those of us who were awake for the winter. Now it is time to shake off the winter lethargy and emerge with new life!

This is what that whole season of Lent is about, clearing away habits, ideas, and assumptions that hold us back. These things must die away, just as skilled trimming helps a fruit tree become more fruitful the next season.

In *Keep a True Lent* by Charles Fillmore, we read: "Easter is the celebration of the resurrection of

Easter Festivities

This Sunday, March 20th, is our first **Easter basket Auction**. There are already some tantalizing baskets here for your bidding pleasure, and you are still welcome to create a themed basket to donate.

Invite your friends and get ready

Jesus, It's inner meaning and spiritual significance is the awakening and raising to spiritual consciousness of the I AM."

Easter is about raising up our consciousness to express the best of ourselves. This is something that we've talked about a lot in the metaphysics classes.

One of our conclusions is that we can't intellectualize ourselves to enlightenment. It takes practice and persistence. We must clear the way for new thoughts using denials and affirmations, and forgiveness. And we must engage in a prayer and meditation practice to confirm and affirm our filling of the cleared space with thoughts and habits that support our highest good. This work cannot only be done in our minds, it must be embraced and worked through our whole being. Remember it takes time and practice, and

to bid on your favorite basket and see what goodies you can take home!

Easter tulips Colorful tulips will decorate our sanctuary on Easter this year. If you would like to pre-order a pot of tulips, the cost is \$15. Please call the church



Rev. Rachel Simpson

we're all in this together.

May the renewal of spring fill your heart with joy, and inspire your spiritual enfoldment.

Peace and Blessings,

Rev. Rachel

PS, If you can't make it on Sunday, or you want to hear a sermon again, you can now watch videos of my talks online. They are easy to find on our webpage and through our facebook, or search on youtube.

office or fill out the order form found in the Welcome area. Your pot of tulips will be available for you to take home after the Easter Service.

Easter Service will be at 10:30 on the 27th.

Easter Basket Auction

By Sheila Lankford

The Easter Bunny will be hop, hop, hoppin' our way soon. What a great time to have a FUN-raiser! On April 20, we'll have an Easter basket auction following the Sunday service and social time. But these won't be the Easter baskets you're thinking of, filled with chocolate bunnies and creme-filled eggs. (Well, they might be!) The only thing we know for sure is that they will be themed baskets filled with goodies to get you excited about doing fun stuff. The baskets are being donated or assembled by congregants and businesses. Rumors we've heard about are jewelry, gardening, wine, kidz zone, a weekend in Girdwood, and more! There are lots of ideas floating around: No basket? Use a bag! Use a bucket! Use a box! Put together a themed dinner basket. Gift certificates are welcome, too, as part of a basket or as a stand alone in an envelope. So bring your baskets, your passion, and your friends to this fun-filled benefit for Unity. Thank you!

Annual Meeting Overview

Sunday March 13th was the Annual Membership meeting. Reports were given from the board president Nancy Fasset, the treasurer Dorothy Willworth, the bookstore manager Pat Richardson, and the marketing/promotion team Sheila Lankford. Copies of these reports are available on the Unity bulletin board.

A budget was presented and approved. Cheryle Moore, Sue Arth, and Marie Hopkins were elected to serve on the board along with Dorothy who has one more year in her term. Who will be serving in which board position has not

Volunteering

By Sheila Lankford

We especially thank everyone for their willingness to serve by donating their time to accomplish the big and little jobs that keep our church home looking great and functioning well. The tasks are simple, really. There are opportunities to sign up to bring flowers for the sanctuary, to clean up the kitchen and clean out the refrigerator, to make coffee in the morning, and take out the trash after the social time. In April, we'll need someone to help out in the office once in a while, someone to procure supplies, clean the sanctuary, vacuum, and water the plants in addition to the other items already mentioned.

Thank you in advance to all those who will step forward to help out in the church in the future. If you have any questions about what is entailed, check with Sheila. Realize that you're not signing your life away: volunteer for a task one time or several times; everything you do is appreciated; every time you help out, someone else's load is lightened.

yet been determined. Thank you to the incoming board for their willingness to serve Unity.

A big thank you to our outgoing board members, Nancy, Michelle, and Sheila. Being on the board always requires commitment and a heart for service. Last year the transitions put even more on their shoulders, and they managed with grace and excellence.

Give them a thank you next time you see them!

Bravo Team!

Coming Soon

The **Service Team** is planning a calendar of ways we can be of more service to the Anchorage community. If you want to get in on the planning, let Rev. Rachel or Karn know.

The **Decorating Committee** is working on a plan to give our space a face-lift.

Eagle River study group is forming. If you want to know when and where let Rev. Rachel know.

Metaphysics 3 will be scheduled soon, watch your email and the Sunday announcements for dates and times.

Want to help get the word out about Unity? Join the **Marketing team!**



37 animals donated to Children's hospital at providence.

Go Green and Stay Connected

Did you know we send updates out via email every couple of weeks? Contact the office or complete a yellow contact card to get signed up.

If you are comfortable receiving communications from Unity of Anchorage electronically, please let Rev. Rachel know. Future newsletters will be delivered via email to those who request it.

Follow us on Facebook to see updates and other great Unity related content.

Facebook.com/unityofanchorage